

Celebrating  
**The Season of Creation**  
Day by Day

**1st September to 4th October 2017**



In 2015, in the spirit of his encyclical  
Laudato Si'

Pope Francis instituted the annual  
"World Day of Prayer for the Care of Creation"  
on 1st September

A number of Christian bodies  
including the Orthodox and the World Council  
of Churches have for some time promoted the  
period from 1<sup>st</sup> September until the Feast of  
St Francis of Assisi on 4<sup>th</sup> October as a time  
of wonder, thanksgiving and praise



The Justice and Peace Group  
warmly invite you to join in some or all of this  
period of daily reflection, enjoyment  
and action as stewards of creation.

## More Information on Events

Friday 1<sup>st</sup> September

**World Day of Prayer for the Care of Creation -  
Prayer evening** at 7.30pm at St Michael's Church  
SK10 1HG

[catholicclimatemovement.global/world-day-of-prayer/](http://catholicclimatemovement.global/world-day-of-prayer/)

Sunday 10<sup>th</sup> September

**Nature Walk and Picnic**

at 11.00am in West Park meet at the Museum  
SK10 3BJ

Wednesday 20<sup>th</sup> September

**"Winds of Change" film**

exploring the impact of climate change  
at 7.45pm at St Alban's Parish Centre SK11 8DJ

Sunday 24<sup>th</sup> September

**Reflective Ramble**

2.00pm – location to follow

Wednesday 4<sup>th</sup> October 7.45pm -

**Celebrate the end of the Season of Creation**  
with prayers and cakes — St Albans Parish Centre



Details about the events in the Season of Creation  
will appear on **St Alban's website**

[www.stalbanmacc.org.uk](http://www.stalbanmacc.org.uk)

or you can contact:

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## Consumption of Plastic

Why should we be concerned with plastics in the  
things we buy?

Pope Francis says in Laudato Si': "Purchasing is  
always a moral and not simply economic act"  
..... the issue of environmental degradation  
challenges us to examine our lifestyle".

Plastic now pollutes every corner of our earth.  
Evidence shows that since the Second World  
War humans have coated the earth entirely in  
plastics. Our plastic bags, bottles, compact  
discs, cigarette tips, tooth brushes are in  
landfill, have floated across the oceans and  
sunk deep to the sea floors.

A plastic bottle takes on average 450 years to  
degrade and we produce 300million tonnes of  
plastic each year.

We cannot change the past but we can reduce  
our use of plastics now.

More information at:

[www.theguardian.com/environment/2016/jan/24/  
plastic-new-epoch-human-damage](http://www.theguardian.com/environment/2016/jan/24/plastic-new-epoch-human-damage)

[lessplastic.co.uk/9-tips-living-less-plastic/](http://lessplastic.co.uk/9-tips-living-less-plastic/)



| Sunday   | Monday   | Tuesday   | Wednesday  | Thursday  | Friday  | Saturday  |
|--|--|---|--|---|---|---|
| <div style="border: 1px solid black; padding: 10px; margin: 10px auto; width: 80%;"> <h2 style="margin: 0;">Season of Creation 2017</h2> <p style="margin: 0;">(PTO for more information on events)</p> </div> |  |   |  |   | <p><b>1 World Day of Prayer for the Care of Creation</b><br/>Join in a <b>Prayer Evening</b> - 7.30pm – at St. Michael’s Church (SK10 1HG).<br/>Take time to pray with others for God’s creation and our freedom to enjoy it.</p> | <p><b>2</b><br/>Take a jar and collect a small piece of creation each day to put in it, e.g. a leaf, a twig, a pebble. As you do this thank God for his creation and ask for his help to be good stewards of all his gifts.</p> |
| <p><b>3</b><br/>Remember to say Grace before eating your meal today, and throughout the season, thanking God for creating the food and for the people who have helped produce it.</p>                          | <p><b>4</b><br/>Consider how many bottles of water or soft drinks you buy. Could you replace these with tap water in a reusable bottle?</p>  | <p><b>5</b><br/>Create or select a new family prayer about God’s creation that you can say together each day during the season.</p> | <p><b>6</b><br/>Have a meatless or vegan meal, if possible shared with others. Meat and cheese both have a large carbon footprint. Could you do this more often during the season?</p> | <p><b>7</b><br/>Plan how you can tell someone else about God’s creation tomorrow and our responsibility to be good stewards</p>   | <p><b>8</b><br/>At bedtime, sit and think about God’s creation for a few moments – what have you done this week to take care of it?</p>   | <p><b>9</b><br/>Think about how you travel each day during the season. Could any of your journeys be walked, cycled or by bus to reduce the use of our cars?</p>  |
| <p><b>10</b><br/>Join in the <b>Nature Walk and Picnic</b> with games, activities and cakes. Meet at the museum in West Park at 11.00am to celebrate God’s creation with other families.</p>                   | <p><b>11</b><br/>Review your use of electricity at home. Are all your light bulbs LED or energy saving? Could you turn off some of your electrical items more often or overnight?</p>    | <p><b>12</b><br/>Choose a special hymn or song to help you praise God for his creation together today.</p>                          | <p><b>13</b><br/>Collect some toys or clothes together that you don’t use any more and take them to a charity shop.</p>  | <p><b>14</b><br/>Turn off the television, computer, mobile etc. and spend half an hour going for a walk or other activity in God’s natural world. Invite your family or others to join you.</p> | <p><b>15</b><br/>Take stock of what you’ve done so far in the Season of Creation. How are you getting on? What more could you do to take better care of God’s creation.</p>   | <p><b>16</b><br/>When doing your shopping think about selecting Fairtrade products or those with less packaging.</p>  |
| <p><b>17</b><br/>Light a candle to pray for someone who is affected by climate change.</p>   | <p><b>18</b><br/>When doing your work today think about what impact you are having on God’s creation and whether you can change the way you do things to reduce your impact.</p>         | <p><b>19</b><br/>Pray for the people in the world who can’t afford to eat regularly.</p>  | <p><b>20</b><br/>Come along to <b>“Winds of Change” film</b> exploring the impact of climate change - St. Alban’s Parish Centre at 7.45pm (SK11 8DJ).</p>                              | <p><b>21</b><br/>Make some biscuits or cakes with Fairtrade products and share them with a neighbour, friend or colleague.</p>  | <p><b>22</b><br/>Think about what you might say to God if you wrote him a letter about how you were taking care of His creation.</p>  | <p><b>23</b><br/>When doing your shopping think about selecting products without plastic packaging.</p>   |
| <p><b>24</b><br/>Join in the <b>Reflective Ramble</b> at 2.00pm. Local 3 mile walk to reflect on and appreciate God’s creation followed by tea and cakes.<br/>Location to be confirmed.</p>                    | <p><b>25</b><br/>Do your savings or pension promote clean energy? Ask if your savings are being invested in risky fossil fuel projects or helping to build a more sustainable world.</p> | <p><b>26</b><br/>Pray for anyone who has been hurt in a natural disaster.</p>   | <p><b>27</b><br/>Work out how much cash you save by not eating meat one day a week and give that money to a charity.</p>   | <p><b>28</b><br/>Consider switching electricity suppliers to a green source. You can find out more at: <a href="http://www.greenelectricity.org">www.greenelectricity.org</a></p>               | <p><b>29</b><br/>Share some of your experiences from the Season of Creation by putting a post on social media or writing an item for the church, school or work newsletter.</p>   | <p><b>30</b><br/>Collect some non-perishable food items together and take them to the collection point at Sainsbury’s supermarket or Church collection points for local people who would otherwise go hungry.</p>               |
| <p><b>1</b><br/>Collect twigs in the garden or park and make them into simple crosses. Place them around your home to remind you of God’s gift of creation.</p>  | <p><b>2</b><br/>Take responsibility for your neighbourhood and pick up litter on your own or get neighbours to help.</p>   | <p><b>3</b><br/>Take a break from consuming and buy nothing today.</p>  | <p><b>4 Feast of St Francis of Assisi and Finale</b><br/>Join us in an evening to <b>Celebrate the end of the Season of Creation</b> - St Alban’s Centre at 7.45pm (SK11 8JD).</p>     |   |   |   |